

## **Personal and Business Success – One Decision Part 1**

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**Questions: These processes are designed to deepen your success program – enjoy!**

1. When you think about the emotion of your success check in where you are feeling it in your body – what part of your body is the most active. Are you relaxed or tense? What colors do you see when you think about your success and what words and sounds do you hear? Check in on yourself so that you can get into a success state on Command.
2. Commit to decide for you success. Check in on a scale from 0-10. What number comes up? Can you get it to a 10 by eliminating some doubt and Command for confidence instead. Command to decide for your success – no matter what.

3. Notice what signals in your environment are exciting your Success DNA - your new success self-image and belief that you can and are able to succeed?

More powerful even than saying you have to see it to believe it - here you are actually being signaled from the environment what DNA program to activate - of course the answer is YOUR DNA SUCCESS GENE!